



EDMONDS ORTHOPEDIC CENTER

COMPLETE CARE FOR YOUR PATIENTS

- General Orthopedics
- Fracture care
- Sports Medicine
- Arthroscopy
- Minimally-invasive surgery
- Spine
- Shoulder & Elbow
- Hand & Wrist
- Hip & Knee
- Foot & Ankle
- Total Joint Reconstruction
- Physical Therapy
- Certified Hand Therapists
- Interventional Pain Management

EDMONDS ORTHOPEDIC CENTER SURGEONS

James A. Alberts, MD

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Focus on Hand Surgery

WREN V. MCCALLISTER, MD

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Hand Surgery

WHY VISIT A HAND SURGEON?

The hand is a unique area of the human body that is made up of bone, joints, ligaments, tendons, muscles, nerves, skin and blood vessels. These elements must all be in good working order for the hand to function well.

The relationship between these structures is delicate and refined.



Figure 1

(Figure 1) An injury or disease can affect any or all of these structures and impair the use of the hand, wrist or elbow.

A qualified hand surgeon is trained to diagnose and treat all

problems related to these structures in the hand, wrist and elbow.

Hand surgeons have received specialized additional training in the treatment of hand, wrist and elbow problems beyond their board-certified specialty training in orthopedic surgery. © ASSH

COMMON CONDITIONS TREATED BY HAND SURGEONS

- Carpal tunnel syndrome
- Other compressive neuropathies of the extremity (cubital tunnel, radial tunnel syndromes)
- Lacerations and injury to nerves and tendons
- Trigger finger
- Tennis elbow, Golfer's elbow
- Sport's injuries of the hand, wrist and elbow
- Fractures of the hand, wrist and elbow
- Dupuytren's contracture
- Arthroscopy of the hand, wrist, elbow

—Arthritis of the fingers, hand, wrist and elbow

—Hand, wrist or elbow pain

—Work-related injuries to the hand, wrist and elbow

HOW ARE THESE CONDITIONS TREATED?

Not all of the conditions treated by a hand surgeon need surgery. Many conditions can be managed nonoperatively with medications, splinting, specialized hand therapy or injections.

WHAT TO DO NEXT?

Visit www.AskEdmondsHand.com to learn more about conditions of the hand, wrist and elbow, ask a question or get help for your patients.

Dr. McCallister and his staff are committed to providing unparalleled care for your patients in a convenient, compassionate and professional environment.

Dr. McCallister participates in the AMGA Patient Satisfaction Survey

About Dr. McCallister

—Visit www.edmondsortho.com (Dr. McCallister's bio) to read unsolicited comments from Dr.

McCallister's patients.

—Dr. McCallister is overall "A" rated on Angie's List.

—Dr. McCallister is an invited Consultant Reviewer for the official AAHS journal, HAND.

